



## **VIDEO-LESSON**

## **Title**

Energy storage: overview on current and future technologies

## **Expert**

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## **Abstract**

This speech gives an idea on the meaning of the words 'Energy storage' and a short overview of Eni's activities. Energy storage involves converting energy from forms that are difficult to store (electricity, kinetic energy, etc.) to more conveniently or economically storable forms. Some technologies provide only short-term energy storage, and others can be very long-term such as power to gas using hydrogen or methane and the storage of heat or cold between opposing seasons in deep aquifers or bedrock. Storing energy allows humans to balance the supply and demand of energy. Energy storage systems in commercial use today can be broadly categorized as mechanical, electrical, chemical, biological and thermal.